



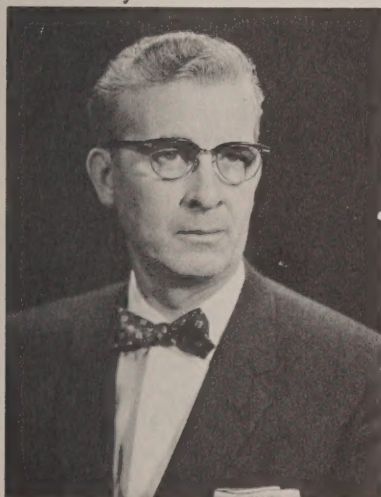
B. I. NEWS

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Silas M. Wass Is Named Director of House Services



Silas M. Wass of Philadelphia has been appointed to the newly-created position of Director of House Services at the Beth Israel Hospital, Dr. Cecil G. Sheps, General Director, has announced.

Mr. Wass has the administrative responsibility for: Admitting, Dietary, Purchasing, Maintenance, Housekeeping, Laundry, Information, Telephone and Mail, and plant operation generally.

He was Assistant Administrator and Director of Non-Professional Services at Hahnemann Medical College and Hospital of Philadelphia for three and one-half years.

Mr. Wass also has had extensive experience in engineering, banking and management with Philadelphia concerns. He was chief plant engineer and building manager of Joseph H. Cohen & Sons, manufacturer of men's clothing; manager of the maintenance department of Heymann & Bros., real estate management brokers. Also, supervisor of the maintenance section of the real estate department, the First Pennsylvania Banking and Trust Co., and assistant engineer of Charles E. Monday & Co., plumbing, heating and ventilating engineers.

He is a member of the American Hospital Association, Engineers Club of Philadelphia, Institute of Engineers, National Association of Power Engineers and Building Superintendents Association of Philadelphia.

How the Hospital Protects the Health of Employees

So that all employees will know the health services that are provided by the Hospital as we move into the new year, a review of these services is presented.

Physical Examination All employees are required to have a physical examination before they are considered permanent employees. This examination, which includes lab tests and x-ray, is given by the Health Service.

It is primarily for your own protection so that your job assignment will be in the best interests of your health. Moreover, periodic rechecks or x-rays may be required by the Health Service, depending on you, your work or your age group.

Sickness Good health is essential for good work. Sick call is held in the Health Clinic daily, Monday through Friday, from 8:30 to 12:30. From 12:30 to 4:30, a nurse is on duty in the clinic. If you need urgent care at other times, you can go to the Emergency Ward.

The Director of our Health Service and the nurse are ready to give you care for chronic illness, or initial care for other illness. However, for chronic illness or more extensive illness, the Director will refer you to your own family physician who knows you best.

If you have no family physician, you may be cared for as an out-patient in our Out-Patient Department. When you are absent for three days or more because of illness, you must clear with the Health Service within 24 hours of your return to work — preferably before reporting back on duty.

Laboratory Tests If your illness requires special laboratory tests or x-rays, and you are being seen in the Out-Patient Department, you will be charged only ward rates. If there is need, special adjustments in the charges can be made by the Out-Patient Officer.

If your family physician is on the staff of the Hospital and he requests laboratory or x-ray services, these will be given at ward rate charges — only if the requisitions are prepared on standard Hospital forms or on his stationery and BIH EMPLOYEE is noted on the requisition.

Drugs and Prescriptions Special pre-

scriptions for stock item drugs can be filled in the Out-Patient Pharmacy at a 25 per cent discount. As required by state law, the prescription must be on a Beth Israel Hospital form, signed by a member of the staff.

Injuries at Work Employees who are injured on duty should report immediately to the Emergency Ward for care. There is no charge for treatment. When you are injured on duty you should report this to your supervisor as soon as possible. Employees going to the Emergency Ward for reasons other than injury at work or on-the-job illness will be charged at ward rates.

Hospitalization Hospitalization without cost is given to those permanent employees covered by Beth Israel-paid Blue Cross — except in instances of cosmetic surgery and treatment of a pre-existing condition of pregnancy.

You must be a permanent employee, eligible for paid sick leave and employed three months, before you are covered by Blue Cross, single membership, paid by the Hospital.

If you are hospitalized in a ward, there will be no charge for professional services. Employees who go to private or semi-private accommodations must be cared for by their own private physician, who is a member of our staff.

National Appointment Given Dr. Cecil G. Sheps

The Beth Israel Hospital has gained national recognition with the appointment of Dr. Cecil G. Sheps, General Director, to a National Advisory Committee on Chronic Illness and Health of the Aged of the United States Public Health Service.

The appointment is doubly significant because Dr. Sheps was the only hospital administrator in the country invited to serve on the 13-member committee by the Surgeon General.

The committee includes representatives from the fields of medical education, geriatrics, physical and industrial medicine, nursing, care of the aged, public health and public welfare.



Holiday Parties Climax Close of 1957

During the final week of 1957, many departments throughout the Hospital held holiday parties. The Hospital also staged its annual party for employees on December 29 in the Dining Room, with plenty of entertainment and with food delicacies prepared by the Dietary Department.

Miss Priscilla Belcher, Director of Personnel, made all the arrangements for the festive event and Miss Arlene Vilker of Personnel headed the hostesses committee.





MENU CONFERENCE—The staff reviews overall cost and availability of foods and attractiveness of entrees at weekly conference.



DIET INSTRUCTION—Mrs. Eva Dugger, Dietitian, provides instruction in the Nutrition Clinic of the Out-Patient Department.

Proper Diet Is Gateway to Good Health

Proper diet is the gateway to good health. No department of our medical community is more aware of this than the Dietary Department, which is responsible for preparing and serving some 2600 meals daily to patients and personnel.

Under the direction of Miss Anne Hurevitz, head of the Department, a staff of 14 dietitians and approximately 150 other employees coordinate their special skills with the other resources of the hospital. The objective—better patient care.

In utilizing their particular skills, the members of the dietary team must prepare foods that meet the specific needs of the individual patient.

For example, one third of all patient meals require special dietary modifications and one third must meet kosher dietary laws. Formulae are prepared in a special infant formulae laboratory for about 40 infants per day, involving the daily use of about 250 bottles.

In making the patient's stay at the Hospital as pleasant an experience as possible, the Dietary Department adds little touches here and there. For example, a fancy cake is baked for each patient whose birthday occurs while in the Hospital. On special holidays, the Women's

Auxiliary prepares favors to add to patient trays.

As an integral part of a teaching hospital, the Dietary Department is not without its educational responsibilities either. The professional staff conducts an extensive educational program for patients, nursing and medical students and dietetic interns.

Individual diet instruction is given weekly to 100 out-patients, through the Nutrition Clinic of the Out-Patient Department, and to 60 in-patients, through the floor dietitians.

Every student nurse has supervised training in the dietary care of patients and Tufts and Harvard Medical School students have a series of classes in normal nutrition and diet therapy. Simmons College senior students, in public health nutrition, and Boston Dispensary dietetic interns also participate in the Department's educational program.

Moreover, each year 12 to 14 graduates of accredited colleges of Home Economics are accepted for the Department's internship program, which is approved by the American Dietetic Association.

In helping the Hospital carry out its responsibilities to visitors and employees, the Dietary

Department supervises the Coffee Shop with the assistance of volunteers. A variety of sandwiches, salads, beverages and a daily luncheon special are offered.

The Employees' Cafeteria serves three meals per day in addition to a midnight supper for those on night duty. A variety of dishes is offered at a nominal cost.

The heart of dietary activity in the Hospital is located in a large area in 1-S. In our newest wing, there is a modern kitchen with facilities for the preparation of all meals.

The main kitchen is divided into five specialized areas. They are the bakeshop, salad, vegetable, cook's unit and diet kitchen. In the latter, all specialized items, including liquid nourishment and tube feedings, are prepared and distributed in bulk.

How do the daily amounts of the following foods used by the Dietary Department compare to yours at home?—350 quarts of milk, 400 pounds of potatoes, 500 pounds of meat, 100 loaves of bread, 25 pounds of butter and 75 dozen eggs.

There is also a matter of 12 to 15 gallons of ice cream, 35 pies, 800 salads and from 12 to 15 dozen doughnuts.



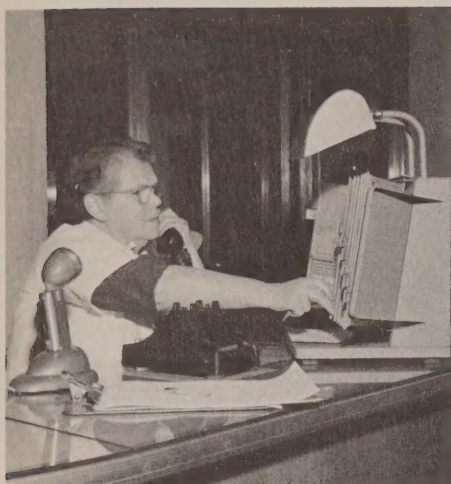
EDUCATION—Dietetic interns receive instruction in diet therapy from Dr. Jay N. Cohn, Assistant Medical Resident.



HOT MEALS—Michael Anaskowich, First Cook, places food in electrically heated conveyor insuring patients of being served hot food.

Meet The Family

What's Going On?



MRS. IDA SINGER

We are all probably familiar with Mrs. Ida Singer, one of our competent and charming receptionists at the Information Desk located in the Main Lobby.

But to the hundreds of visitors daily to this medical community, she represents the one immediate avenue through which they must pass to see their hospitalized relatives or friends.

Mrs. Singer has been a receptionist at the Hospital for nearly seven years. Her understanding of the need to face the anxieties of visitors with kind consideration and tact has helped to make many friends for the Hospital.

It was during War II that she began to carve out a niche for herself as an adept receptionist. After Mrs. Singer had seen her three sons enter the armed forces, she wanted to help in her own way. So she worked as a volunteer for the Civilian Defense Unit on Blossom Street in the West End.

Mrs. Singer was placed in charge of the Information Department where she distributed ration books, worked with the Red Cross on matters affecting her neighbors and their sons in the service.

A year later, Mrs. Singer left for volunteering service at the Elizabeth Peabody Settlement House. Again, she was immediately appraised as a capable receptionist.

But her husband's illness forced her to leave the famed settlement house after five years of conscientious service. When the couple moved to Brookline, it was Dr. Robert Buka, Assistant Visiting Physician, who proposed that she find work — just keep active. He suggested the B. I. — that was seven years ago.

Mrs. Singer's philosophy is uniquely geared to her duties as a receptionist. She believes that a person should be useful and of service to others.

This, after all, is what receptionists are made of.

Dietary Department: Welcome to Mrs. Gudlaug Magnusson, our new dietitian in the Cafeteria, who comes to us from Iceland. . . . Congratulations are extended to Miss Elizabeth Farrell on her recent engagement . . . and to Bella Levitsky, a new citizen of the U.S.A. . . . Mrs. Wilda Okeke returned from a trip home to Ohio.

Christina Brennan of the Coffee Shop is now a proud grandmother for the 22nd time. . . . Milda Schnore was visited by her son, a private in the U. S. Army, on his way to Alaska for 1½ years. . . .

Laundry Department: We wish to thank Miss Mary White and Miss Mildred Sutton for all the effort they put into our holiday party. . . . Tim O'Leary deserves a bow for providing us with dance music from his Hi Fi. . . . Congratulations to Tim, incidentally, on his first grandchild. Mother, baby and grandparents are all doing well.

Maintenance Department: Members of the Maintenance Department gave up their own holiday party to entertain the children in the Pediatric Ward on December 23.

With James Roberts of the Electrical Department doing the honors, 37 gifts were distributed to the children, ranging in ages from three to 14. Fourteen gifts were also sent to the Boston Floating Hospital.

Nursing Department: Congratulations to Mrs. Sylvia (Gulkin) Phillips and Mrs. Roslyn (Swirsky) Dresner on their recent marriages . . . and to Doris Viener who was married recently, to Dr. Gerald Winkler, one of our Interns. . . . Our best wishes to Mrs. Mattie Neal, who recently had a baby boy.

Mrs. Phyllis Gale, formerly employed in the Blood Bank, is very busy these days (and nights) taking care of her new daughter, Debra. . . . Miss Jane O'Brien and Mrs. Mabel (Quinnie) Tokarczyk, having successfully passed examinations, are now members of the American Association of Nurse Anesthetologists. Congratulations to both of you!

Miss Rhoda Berman, Clinical Instructor, and Miss Wanda Klemaszewski, Head Nurse, Delivery Room, have recently returned from exciting tours of Europe.

To Mrs. Claire McCarron, who has assumed new responsibilities as nurse technician in O.R., and Lillian Drakeford, who has transferred to the X-ray Department — we wish both success in your new appointments. . . . And a warm welcome to Mrs. Freda Coen who is now administrative secretary in O.R.

Purchasing Department: Mr. Robert McSweeney was promoted to the Buyer's Position. Bobby was formerly the Receiver.

Social Service Department: Rose Kelman has joined the staff as case work supervisor on the obstetrical service. Frances Addelson has recently come to us as a part-time caseworker. . . . She has been assigned to the Obstetrical Service.

Mrs. Beatrice Phillips recently attended the American Public Health Association meetings in Cleveland, Ohio.

Doris Seder was the leader of an Institute on "Integration of Cultural Factors and Case Work Practice" at the Mass. State Conference of Social Work.

THE SHOP OF 1,000 GIFTS

The Women's Auxiliary Gift Shop is the shop of 1,000 gifts where friendly service and personal interest is taken in every sale.

The selection of baby items for gifts and practical use are unusual and glassware, china and jewelry are picked to suit the most fastidious buyer. Orders for personalized greeting cards and magazine subscriptions may also be placed.

An Invitation

Everybody loves a bargain, especially when he knows that the money raised by his purchase helps a sick needy person regain his health and spirit. Just such a bargain can be had at the Beth Israel Hospital Thrift Shop, 192 Washington Street, Brookline Village.

New and used merchandise is donated by generous and interested merchants as well as the public. Take advantage of this opportunity to help yourself and the hospital. Merchandise carried by the Thrift Shop includes household articles, lamps, furniture, draperies, bed spreads, women's, men's and children's shoes, suits, coats, hats, etc.

Should you wish to be notified of special sales, send your name and address to the Thrift Shop and you will be placed on the mailing list.

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Editor

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